COMMUNICATION AND YOUR FAMILY

Using Conversation to Create Connection in Your Home



POWER OF WORDS: CONNECTION

QUESTION:

If you did a daily inventory of your words, are the majority of them used to CORRECT or CONNECT?



POWER OF WORDS: CONNECTION

PRINCIPLE:

CONNECT MORE THAN CORRECT



POWER OF WORDS: BLESSING

QUESTION:

Do my words bless or curse?



POWER OF WORDS: BLESSING

PRINCIPLE:

Bless who the ARE, not what they DO!

3 FUNDAMENTALS OF HEALTHY CONVERSATION



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1. Asking Questions




DANGER
RANGE
PERIMETER
STOP
Snap-on
HYDRAULIC

3 FUNDAMENTALS OF HEALTHY CONVERSATION




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ABC's of Asking Good Questions

A

ASK WITH PURPOSE

B

BE OKAY WITH SILENCE

C

CONTINUE THE QUESTION

3 QUESTIONS TO ASK EVERY WEEK

1. What's your biggest struggle?

2. How can I pray for you today?

3. How do you know I love you?

ABC's of Asking Good Questions

A

ASK WITH PURPOSE

B

BE OKAY WITH SILENCE

C

CONTINUE THE QUESTION

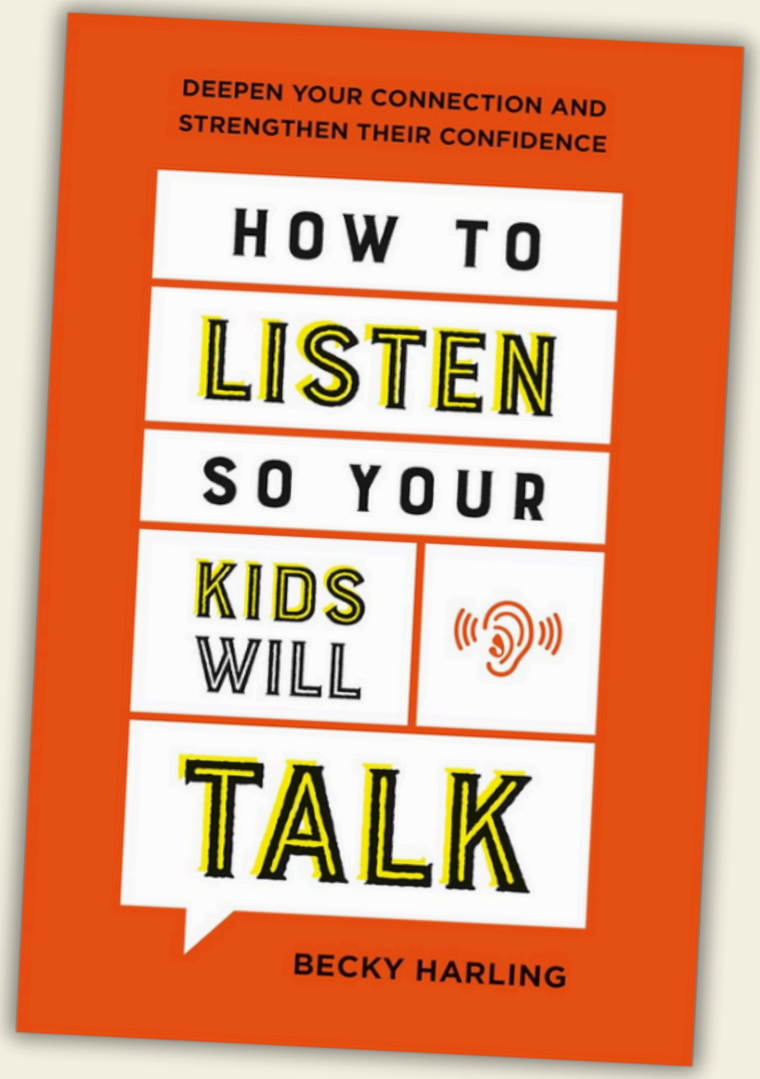
3 FUNDAMENTALS OF HEALTHY CONVERSATION

1. Asking Questions

2. Active Listening

Everyone in your family needs to be heard.

“If you want kids who will share their hearts with you when they’re adults, you need to begin listening intently now.”



Why is LISTENING important?

Shows Respect

1

Builds Trust

2

Validates Perspective

3

Evaluate & Get Feedback

- Do you feel heard by me?
- How well do you think I listen to you? (don’t defend yourself just listen)
- Ask for feedback on how you can improve.



10 SECOND PRINCIPLE

PRINCIPLE: DON’T FREAK OUT

PRINCIPLE: DON’T FADE OUT

3 FUNDAMENTALS OF HEALTHY CONVERSATION

1. Asking Questions

2. Active Listening

3. Routine & Rhythm

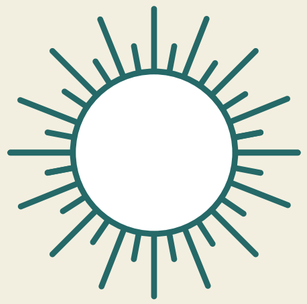


Everyday Rhythms

When does your spouse or child talk the most?

When are they most open to conversation?

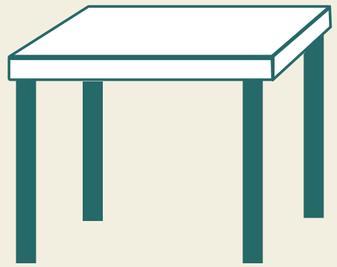
Morning Time



The Car



The Table



Bedtime



3 FUNDAMENTALS OF HEALTHY CONVERSATION

3. Routine & Rhythm

CONVERSATION & SPIRITUAL DEVELOPMENT

Love the Lord your God with all our heart, with all your soul, and with all your strength. These words that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up. Bind them as a sign on your hand and let them be a symbol on your forehead. Write them on the doorposts of your house and on your city gates.



DEUTERONOMY 6:5-9

FAITH talk

Intentional Conversations.
Planned.
On the Calendar!

PRAY: Ask the Holy Spirit to speak to your family as you share in this time.

PRACTICAL APPLICATION: Below are a few example questions for your family to use.

- What did the pastor talk about in today's sermon?
- What stood out to you the most? What was confusing?
- How can we as a family apply what we heard today?



PRAY: Ask the Holy Spirit to make you aware of these moments. This may be an event on the news, something that happens at school, or an event within your circle of family and friends.

PRACTICAL APPLICATION:

Below are a few example questions and statements for your family to use.

- Tell me more.
- How should you respond?
- What are your friends saying about this situation?
- What will you do?



God MOMENTS

Unplanned moments.
Unexpected.
Everyday stuff.

3 FUNDAMENTALS OF HEALTHY CONVERSATION

1. Asking Questions

2. Active Listening

3. Routine & Rhythm



Free Resource

