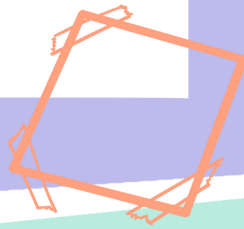


Before we meet on screen...



Make it holy

- Pick a special object or picture that reminds you of the nearness of God this week. Or you can grab several objects that are precious or remind you that you are loved.
- It may be something like a:
 - plant
 - precious piece of nature
 - toy or stuffy
 - picture from a book
 - photograph
 - written note or award



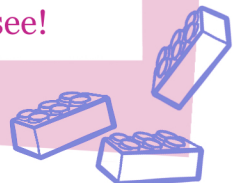
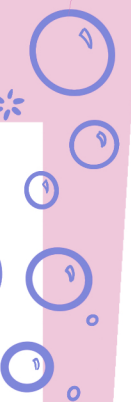
Pick a spot!

- Setup your laptop or iPad on a desk in a quiet, comfortable, well-lit space.
- Make your space comfortable, have a blanket or water bottle handy if you like.
- Give yourself a restful, non-distracting view —if you can see nature or a tree, great!



Gather materials

- Pick a few items or art supplies you can use for storytelling or responding to God.
- Maybe some:
 - play dough or clay
 - beads or blocks
 - bubbles, balloon, or a scarf
 - sand timer or LED candle
 - markers, crayons, and paper
- If there's anything you want to show, bring it! I want to see!



Ask to be left alone

- Who do you want to hear our conversation?
- You can ask for privacy and wear headphones if you like. Or you can ask to not be disturbed and close your door a little.
- Make sure you know where a helper or adult is if you need help with technology.



After our time...

Take a couple breaths and think about any thoughts, words, or images that came to mind in the listening session that you'd like to remember well.

If you want to share with a friend or family member, do! These stories are your stories.